



Week 3- Out of My Mind

Melody felt misunderstood a lot, can you think of a time when someone completely misunderstood you?

How does it make you feel when someone doesn't listen or tries to speak for you?

Who is someone in your life that does a really good job of listening to you? On the other side, who in your life are you a good listener for?

How can listening well show someone that they are important to you?

Read James 1:19

Which part of this verse is the hardest for you to live out?

Have you ever had a moment when you realized you were wrong about someone? What changed when you started to understand more about them and their story?

What is one thing you can do this week to better understand someone around you?